

Healing Adventures Camp

Saturday, May 14, 2022 - 8:30 a.m. to 4:00 p.m.

Good Earth Village, 25303 Old Town Drive, Spring Valley, MN 55975



HEALING ADVENTURES IS A ONE DAY GRIEF CAMP FOR YOUTH (AGES 5-17) WHO HAVE EXPERIENCED THE DEATH OF A SIGNIFICANT PERSON WITHIN THE LAST 3 YEARS. THERE IS NO CHARGE TO ATTEND CAMP.

Campers will have the opportunity to:

- · Connect with other youth who have similar grief experiences.
- Participate in discussions with trained volunteer grief facilitators about:

Grief Experiences — Loss(es) — Support Systems

Campers will be assigned to age-appropriate groups and will participate in a variety of activities, including:

- Nature walks
- Music
- Pet therapy

- Crafts
- Games
- · Group time

Camp is offered at no charge thanks to the generosity of Mayo Clinic Rochester's St. Marys and Methodist Campus Volunteer Leadership Councils; utilizing funds generated from both campus gift shops.

- Families are required to participate in a closing activity with the campers from 3:00 to 4:00 p.m.
- An optional Parent/Guardian Support Session will be offered from 9:00 to 10:30 a.m. the day of the camp.
- Please contact Mayo Clinic Hospice at 507-284-4002 or 1-800-679-9084 or RSTHOSPICEBEREAVEMENT@mayo.edu for more information, application forms, and future camp offerings.

Completed applications must be received by the hospice office on or before Friday, April 22, 2022.

Mayo Clinic Hospice plans to hold camp on 5/14/2022; however if social distancing related to COVID-19 persists into May, the camp will be canceled and held again in the Fall of 2022. Registrants will receive communication regarding a cancellation and information related to Fall 2022 camp.